



## Present Continuous or Present Simple?

**Present Continuous:** You use the Present Continuous to describe **what is happening or what someone is doing right now at the moment.**

**Present Simple:** You use the Present Simple to describe **what someone does every day/ week/ year, etc.**

1. Read the words and expressions below. Decide if you have to use the Present Continuous or the Present Simple after the expressions given below.

often      usually      at this moment      on Fridays      right now  
 today      never      every Sunday      this evening  
 sometimes      now      always

Present Continuous:

---



---

Present Simple:

---



---

2. Present Continuous or Present Simple? Fill in the gaps with the verbs below.

- a) On Tuesdays Sam \_\_\_\_\_ lunch at his grandma's house.  
 b) Tim \_\_\_\_\_ his girlfriend every evening.  
 c) Right now Daniela \_\_\_\_\_ some cookies.  
 d) My father never \_\_\_\_\_ to the doctor.  
 e) Today I \_\_\_\_\_ my bedroom blue.  
 f) Quiet please! The baby \_\_\_\_\_ .  
 g) She \_\_\_\_\_ the guitar.  
 h) My sister \_\_\_\_\_ to the news regularly.

sleep      meet      listen      eat      paint      play      go      bake